The ancient Korean Marital Art offers you:

- Self-defence skills
- Self-confidence
- Self-discipline
- Respect for others
- Physical Fitness
- Endurance

This is an opportunity to learn Tae Kwon Do at Masada in Term 2.

Where – In the new Health and Fitness Centre (Room 7)
When – Thursday afternoons 4 – 5pm
Cost - $0

Commitment must be 100%

See Mrs Cully for details