COOK FOR GOOD
To be held on the following Sundays in 2013
17\textsuperscript{th} February, 10\textsuperscript{th} March, 7\textsuperscript{th} April, 12\textsuperscript{th} May,
23\textsuperscript{rd} June, 11\textsuperscript{th} August, 13\textsuperscript{th} October, 24\textsuperscript{th} November

*Kids Giving Back* and *Our Big Kitchen* (OBK) are pleased to present

**COOK FOR GOOD** - a volunteer program for
Bar and Batmitzvah students and parents

**COOK FOR GOOD** participants will prepare approximately 150 nutritious meals consisting of several courses that participants will then deliver to designated needy recipients. Families will meet at Our Big Kitchen - 36 Flood Street, Bondi at 9.30am on the dates listed above. Total program duration: approximately 4.5 hours including cooking and food delivery.

Please note - due to space logistics in the kitchen numbers are strictly limited. In order to allow more students, we need to limit participation to one parent per student.

**COST:** $60 for 1 adult and 1 child
This covers the cost of ingredients supplied by OBK plus a light brunch.
Payment of $60 for 2 people can be paid either by:
Direct transfer to: Kids Giving Back BSB 032005 Account Number 928357
*Please put your name in the bank reference and email me a confirmation of payment.*

TO ENQUIRE OR REGISTER please contact Carole or Ruth at

*Kids Giving Back:*
ruth@kidsgivingback.org or carole@kidsgivingback.org

[www.kidsgivingback.org](http://www.kidsgivingback.org)

*Kids Giving Back*
Creating the next Generation of Generosity